

October/November 2002

Dear Prevention Partners Coordinator:

Health at Work Conference

The annual Prevention Partners “Health at Work” conference will be held on Friday, December 6, 2002, at the Riverbanks Zoo and Botanical Garden in Columbia. “Health at Work” is designed to enhance the skills and education of volunteer Prevention Partners coordinators and benefits administrators and this year will feature the following topics:

- The Epidemic and Health Consequences of Obesity
- How to Provide Healthy Foods in Schools and at the Workplace
- Quality Care – what is it and how to make sure you get it
- De-stress – ways to cope and thrive
- The Preventive Worksite Screening – what are the clinical measures and what do they mean

A “Health at Work” registration brochure will be sent to you soon and posted on our website. Just go to www.eip.state.sc.us and click on the Prevention Partners logo on the right-hand side of your screen. The brochure can be found on our front page, or in our Coordinator Tools and Support section, a special section for Prevention Partners coordinators only. The password to get into this special coordinators section is: 4ahealthyu.

Preventive Worksite Regional Screenings

For those who would like to participate in one of our regional screenings, the remaining screenings for the year are as follows:

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| • October 16, 2002 | Rock Hill | Catawba Regional Council of Governments |
| • November 6, 2002 | Beaufort | Beaufort/Jasper Water & Sewer Authority |
| • November 13, 2002 | Darlington | Darlington County Schools |
| • December 11, 2002 | Anderson | Anderson Civic Center |

Registration forms can be obtained from our website, www.eip.state.sc.us. For more information or to have a registration form faxed to you, contact Elliott McElveen at (803) 737-0112.

Healthy Schools/Healthy SC Network Annual Meeting,

The Healthy Schools/Healthy South Carolina Network Annual Meeting, "Building for Success: Showcasing Healthy Schools", will be held October 11, 2002 at North Trenholm Baptist Church. Dr. Ronald Epps, Richland School District One Superintendent, who led RSD1 in creating health-promoting district policy will deliver the keynote address. Sessions offered include:

- CSHP 101 - a Coordinated School Health Program primer
- Helping Your Child Succeed - 10 ways parents can be more involved
- Focus on Physical Activity and Nutrition - starting a statewide movement
- Using the School Health Index - orientation to the CDC planning and assessment tool
- Teaching CPR in Schools - meeting the "emergency care" curriculum standards
- Blueprint to Parental Involvement - bringing parents and community into your school
- Nutritious Choices - case studies of breakfast in school and vending machine issues

The \$15 registration fee is due by October 4, 2002. For more information please contact Lisa Turner at (803) 750-1693, Healthy Schools/Healthy SC Network, 128 Stonemark Lane, Columbia, SC 29210 or hshscn2@aol.com. Registration is limited.

Chronic Disease Workshops

We have four chronic disease workshops coming up in the near future. These workshops are open to all employees, their dependents and retirees. The workshops currently scheduled are as follows:

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| • Asthma | October 22, 2002 | Columbia | 2:00 a.m. - 4:30 p.m. |
| • Asthma | November 13, 2002 | Charleston | 2:00 p.m. - 4:00 p.m. |
| • Healthy Heart | November 19, 2002 | North Charleston | 12:00 p.m. - 4:30 p.m. |
| • Diabetes | December 10, 2002 | North Charleston | 9:30 a.m. - 1:00 p.m. |

Registration forms for any of our chronic disease workshops will be available approximately one month prior to the workshop date and can be obtained from our website, www.eip.state.sc.us. For more information, contact Ramsey Makhuli at (803) 737-3823.

Contents of this mail-out are:

October/November Coordinators' Communiqué
October Bulletin Board Service
November Bulletin Board Service
Website Bookmark